



Surdestino

Tour Operator

RNT:41921

Nariño Live it!

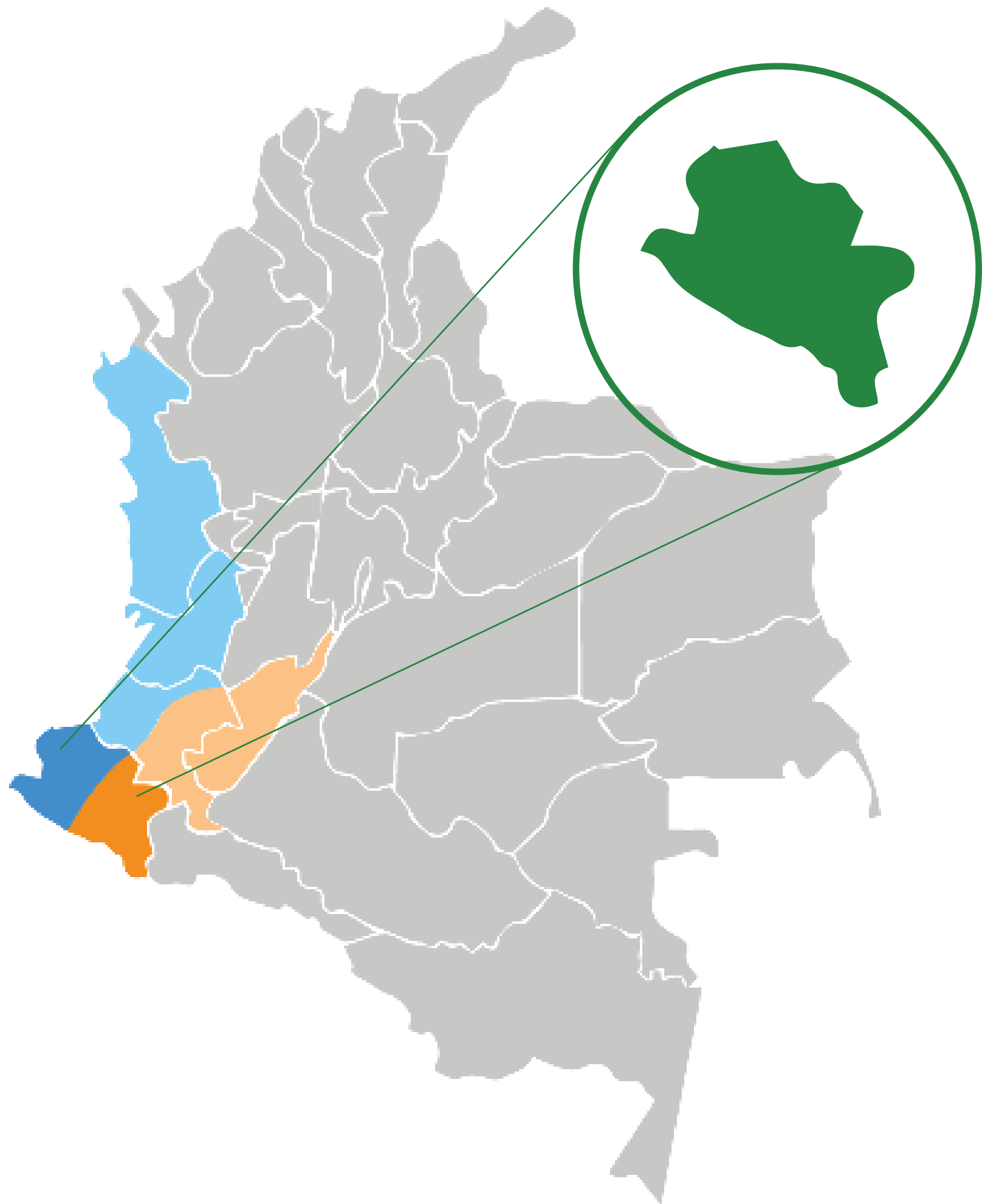
@ Surdestino ☎ 3054529319 🌐 www.surdestino.com



The three circular images show different types of water bodies. The first image on the left shows a calm lake with a forested shoreline. The middle image shows a wide river with a sandy or silty bed. The third image on the right shows a wetland or marshy area with water and vegetation.

100





Welcome to Nariño

A region of Colombia where nature and culture blend to create a truly unforgettable experience. Explore the majestic Andes, the Amazonian foothills, and the Pacific coast. Every corner of Nariño offers remarkable beauty and diversity.

Colombian Pacific: Where jungle meets the sea

Discover the biodiversity of Nariño's Pacific coast and its rich cultural heritage.

Colombian Massif: Ancestral Origins

Experience nature at its purest. Mountains, highland moors, volcanoes, and lagoons.





OUR *Company*

With Surdestino, a women-led company deeply passionate about Nariño. You'll experience authentic, personalized trips that connect you with the true essence of the region.

All of our itineraries are private and fully customized, designed for you to relax and enjoy without any worries. We handle every detail, including transportation, accommodations, activities, meals, expert guides, insurance, and entrance tickets to all attractions.



TOURIST *Products*



Exploring nature

- ✳ Birdwatching
- ✳ Agrotourism
- ✳ Visit Nature Reserves



Culture and tradition

- ✳ Visits to towns and cities
- ✳ Visits to religious temples
- ✳ Visits to museums
- ✳ Experiences with indigenous communities
- ✳ Fairs and cultural festivals
- ✳ Artisan and craft workshops
- ✳ Community-based tourism experiences



Gastronomic experiences

- ✳ Tasting of typical regional dishes
- ✳ Visit to a coffee farm to learn about coffee processing and production
- ✳ Tasting of fresh fruits and vegetables



Relaxation and wellness

- ✳ Wellness center visits
- ✳ Women-focused experiences
- ✳ Meditation in nature
- ✳ Mindful walks
- ✳ Experiences with medicinal plants
- ✳ Spa
- ✳ Healthy culinary experiences
- ✳ Spiritual harmonization with local experts



TRAVEL WITH PURPOSE *and leave a positive mark*

At Surdestino, we invite you to discover breathtaking landscapes, connect with ancestral roots, and immerse yourself with authentic experiences, all while supporting local communities and learning to nurture both yourself and nature.



TOURISM *for all*

Our tourism offerings are designed to ensure accessibility, comfort, and a memorable experience in every destination. In partnership with the Morada al Sur Association.



Tourist Routes with Adapted Narration



Accessible Accommodation



Staff Trained in Orientation and Mobility



Tourist Routes equipped with information-access tools

*These tourism services and products must be inquired about and booked in advance.

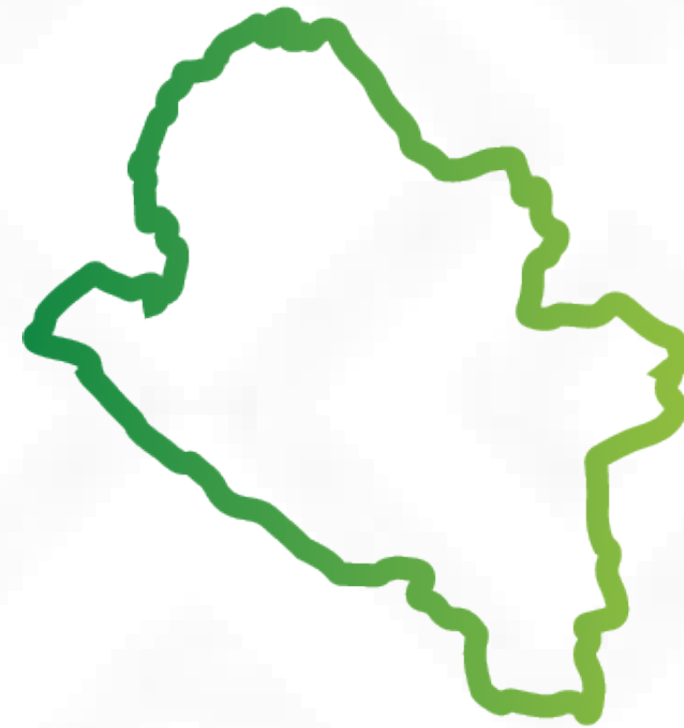
*We are committed to inclusion and accessibility
in Nariño!*





TOURIST *Offer*





MUST VISIT *Destinations*

Las Lajas Sanctuary

Majestic Temple

Journey through stunning Andean landscapes and fertile farmlands on a two-hour trip from Pasto. *Visit the remarkable “Sculpture in Green” Cemetery in Tulcán, Ecuador. Learn about the rich culture of the Pastos community and marvel at the breathtaking Las Lajas Sanctuary, dramatically perched over a 100-meter-deep gorge.

Activities:

-  Attend mass.
-  Walk along the sanctuary's trails while enjoying nature.
-  Take a cable car ride with panoramic views of the canyon.
-  Visit the sanctuary museum.
-  Support the local community by purchasing handmade crafts.

Additional Activities:

-  Pottery Workshop Experience – Replicas of the Pastos and Quillacingas
-  Visit the municipality of Carlosama and explore the Hajsú Ethnomoda shop at the Casa de la Guanga, specializing in traditional weaving.
-  Discover Chagrita Payacuar to immerse yourself into the worldview and rich culture of the Pastos people.

IpiALES, Nariño  6°C a 14°C  2900 m.s.n.m. **Difficulty** (moderate with incline and stairs)



Must-Visit Destinations



Note

Please check the specific visa requirements at the Ecuadorian embassy or consulate in your home country.

Must-Visit Destinations



La Cocha Lagoon

Ramsar Wetland

Discover La Cocha Lagoon, an ecological and cultural gem located just one hour from Pasto. Immerse yourself in the rich traditions of the Quillasinga community and explore the unique flora and fauna of this area, recognized as a Ramsar Wetland of national and international importance.

This sacred environment, situated at one of the highest energy pointst on the planet, is home to valuable ecosystems, exceptional biodiversity, and crucial water resources.

Activities:

 Boat ride

 Hiking through a nature reserve and harmonize with nature

 Tour of Vereda el Puerto, known as the Venice of Colombia, and admire its colorful Swiss chalet-style houses and gardens.

 Contemplate beautiful landscapes

 Delight in the local cuisine

El Encano, Nariño  8°C a 14°C  2800 m.s.n.m. **Difficulty** (Low to moderate
(Navigation through the lagoon))

City Tour

Pasto creative city

Experience the cultural richness of Pasto, visit the Carnival Museum, stroll through the historic center, and admire the local crafts. Experience tradition and creativity in every corner of the city. Surprise yourself in Colombia, where a journey through history and culture awaits you, a city that invites you to explore beyond your expectations.

Activities:

-  Demonstration of traditional crafts
-  Enjoy typical cuisine, such as paila ice cream and specialty coffee
-  Tour the historic center
-  Buy crafts and souvenirs
-  Visit museums
-  Explore temples

Pasto, Nariño  10°C a 18°C  2.527 m.s.n.m **Difficulty** (low, walk through the city)



Must-Visit Destinations



Must-Visit Destinations



Special Coffee

Embark on a sensory journey and discover the exquisite flavor of Nariño coffee, grown with passion and care. Our high-altitude coffee acquires unique notes thanks to the altitude, climate, fertile volcanic soils, coffee varieties, and production process.

You will enjoy a unique experience appreciating freshly roasted coffee and the textures of Nariño's fertile soil as you tour a coffee farm where you will learn about cultivation, harvesting, and the production process. In addition to tasting specialty coffee, you will support local communities and contribute to environmental conservation.

Activities:

-  Ecological trail tour
-  Contemplation of the Juanambú Canyon
-  Introduction to coffee culture
-  Taste high-altitude coffees prepared using your preferred method.

Preparation of your choice.

Coffee Region  18°C a 22°C  1800 m.s.n.m. **Difficulty** (Low to moderate)

Circumnavigate

Galeras Volcano

Discover the charm of the region surrounding the mountain of fire, visiting picturesque villages such as La Florida, where you can admire beautiful landscapes and visit one of its beautiful waterfalls. In Sandoná, contemplate the beauty of the Temple of Our Lady of the Rosary and learn about the traditional craft of toquilla straw weaving, before finally discovering the historical importance of places such as Consacá and Yacuanquer. A journey that will transport you through time and connect you with culture, history, and nature.

Activities:

-  Hiking
-  Tasting of panela-based sweets
-  Visit to a sugar mill
-  Demonstration of toquilla straw crafts
-  Visit to a craft beer brewery
-  Visit to a store selling honey-based products
-  Visit to temples
-  Tasting of goat milk products

 8°C a 20°C  1848 a 3000 m.s.n.m. **Difficulty** (Low to moderate)





Must-Visit Destinations



Ancestral Connection

Sibundoy, Alto Putumayo

Let yourself be carried away by the ancient traditions of the Sibundoy Valley in the department of Putumayo. You will discover the natural wealth of the region. Upon arrival, you will find a unique landscape surrounded by mountains and green valleys, where two indigenous **communities converge**: the Ingas and the Kamsá. They will give you the opportunity to learn about their traditions and customs.

Activities:



Visit temples



Spiritual harmonization



Visit artisan workshops and craft demonstrations



Support the local community by purchasing medicinal plant products and handicrafts

Sibundoy, Putumayo 🌡️ 10°C a 20°C ⚙️ 2150 m.s.n.m.

Difficulty (low to moderate)



Unmissable PACKAGES *in Nariño*

The pack includes

- ✧ Meals according to the number of days (breakfast, lunch, and snack)
- ✧ Accommodation
- ✧ Tour guide
- ✧ Internal transportation and airport transfer
- ✧ Traveler assistance policy
- ✧ Entrance to attractions

🕒 *Tourist services and products available upon reservation and at an additional cost*



PACK

Unforgettable Nariño

3 DAYS 2 NIGHTS

 **DAY 1**
Las Lajas Shrine

 **DAY 2**
La Cocha Lagoon

 **DAY 3**
Shopping
Airport Transfer



Tourist services and products available upon reservation and at an additional cost

PACK

Culture and Nature in Nariño

4 DAYS 3 NIGHTS

★ DAY 1

Las Lajas Shrine

★ DAY 2

City Tour

★ DAY 3

La Cocha Lagoon

★ DAY 4

Shopping

Airport Transfer



Tourist services and products available upon reservation and at an additional cost



PACK

Discover the Treasures of Nariño

4 DAYS 3 NIGHTS

★ **DAY 1**

Las Lajas Shrine

★ **DAY 2**

**Circumnavigate Galeras
Volcano**

★ **DAY 3**

La Cocha Lagoon

★ **DAY 4**

**Shopping
Airport Transfer**



Tourist services and products available upon reservation
and at an additional cost

For you, Charming Woman

4 DAYS 3 NIGHTS

 **DAY 1 City Tour**

 **DAY 2 Laguna de la Cocha - El
Paraiso Holistic Center**

 **DAY 3 Las Lajas Shrine**

 **DAY 4 Departure**



Tourist services and products available upon reservation
and at an additional cost





Black and White Carnival

6 DAYS 5 NIGHTS

January 2 to 7

The majestic Black and White Carnival, declared Intangible Cultural Heritage of Humanity by UNESCO and celebrated every year in the city of Pasto during the first week of January, is not only an outpouring of joy, but also a cultural expression of a people, a mixture of indigenous, Spanish, and African cultures that intertwine around a pintica, demonstrating that, during these days of celebration, there are no differences in race, creed, or social class.

- ✧ **DAY 1 – January 2 Arrival in Pasto. / Transfer from airport/terminal**
- ✧ **DAY 2 – January 3rd Canto a la Tierra “Pachamama” Parade**
- ✧ **DAY 3 – January 4 Trip from Pasto to Ipiales Las Lajas Shrine**
- ✧ **DAY 4 – January 5th Day of Negritos and Laguna de la Cocha**
- ✧ **DAY 5 – January 6th Day of Whites and Grand Parade**
- ✧ **DAY 6 – January 7 Departure**





NATURE *Plans*

Hiking with a purpose

Connect with nature and support the
communities that protect it!





Natural Sanctuaries in Nariño

Hiking and Birdwatching

3 DAYS 2 NIGHTS

✧ DAY 1 Laguna De La Cocha

✧ DAY 2 Laguna De Telpis

✧ DAY 3 Departure



Azufral Volcano Buffer Zone

Hiking and Birdwatching

3 DAYS 2 NIGHTS

★ DAY 1 San Roque Alto Trail

★ DAY 2 Birdwatching in Chimangual

★ DAY 3 Departure

Biodiverse Nariño

Hiking and Birdwatching

3 DAYS 2 NIGHTS

★ DAY 1 Río Ñambi Nature Reserve

★ DAY 2 Monteloro Nature Reserve

★ DAY 3 Departure

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Operator Offers

Tourist attractions in Tumaco

-  Cocoa Route
-  Viche Route
-  Fishing Route
-  Shrimp Route
-  Pianguas Harvesting Route
-  Bajito Beaches
-  Morro Beaches
-  Bocagrande Island
-  Whale Watching
-  Shorebird Watching
-  Local Cuisine





Special *Recomendations*



During your stay in Nariño, you will have the opportunity to experience different climates; pack summer and warm clothes, comfortable walking shoes, sunscreen, environmentally friendly insect repellent, a hat and sunglasses, earmuffs or a hat for the cold; Bring a bag to carry only what you need for the different activities. A backpack is best so you can keep your hands free.



Bring your own water bottle to avoid single-use plastics.



If you take medication, bring it along with the prescription.



Bring moisturizer for your lips and nose to prevent dryness due to the change in climate.



Eat iron-rich foods before your trip to increase your hemoglobin and improve oxygenation in your lungs, preventing altitude sickness.



Special Recommendations



Before taking the trip, inform us if you have any allergies, dietary restrictions, or mobility issues.



Bring your identification documents.



Respect the customs and traditions of the host communities.
Dispose of waste properly and take any waste you generate on the tours with you.



Follow the guide's instructions at all times.



Behave appropriately in natural and cultural environments.



Comply with COVID biosecurity measures.



Bring cash if you want to make purchases and support the local community.



Leave places better or the same after your visit.



Important *Information*



Airlines flying to Pasto: Avianca, Latam, Clic.
Airlines flying to Ipiales: Avianca and Satena.



The first day of the tour is adjusted according to the arrival time, so we recommend arriving in the morning.



For tours that start in Ipiales – Santuario de Las Lajas, we recommend purchasing a flight arriving in Ipiales and departing from Pasto.



For the different plans, we recommend accommodation in Pasto, as it is the central point from which you can travel to the different destinations.



Pasto has a convention center and spacious event rooms.



Our plans are private; we only have shared plans for special dates.



We design customized plans.

Learn about our policies, terms, and conditions at

<https://surdestino.com/politicas-surdestino/>

Additional *Services*



Airline Tickets

National and
International



Special transport

Up to
8 guests



Travel Insurance

National and
International



Tourism Guides

Certified Guides



Events and logistics

Organization of all
types of events





RNT:41921

Surdestino

Nariño ¡Vívelo!

operadora turística

*What are you waiting
for to visit Nariño?*

*We look forward to helping you
plan your trip!*

Contact us!

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